

Supplement Facts		
Serving Size: 3 Tablets		
	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrates	3 g	1 % *
Dietary Fiber	2 g	8 % *
Protein	1 g	2 % *
Vitamin A (as natural beta-carotene)	15,000 IU	300 %
Vitamin C (as L-ascorbic acid, niacinamide ascorbate)	400 mg	667 %
Vitamin D (as ergocalciferol)	400 IU	100 %
Vitamin E (as D-alpha-tocopheryl succinate)	400 IU	1333 %
Vitamin K (as phytonadione)	20 mcg	25 %
Thiamin (as thiamin mononitrate)	50 mg	3333 %
Riboflavin	50 mg	2941 %
Niacin (as niacinamide ascorbate, niacin)	60 mg	300 %
Vitamin B6 (as pyridoxine HCl)	50 mg	2500 %
Folic Acid	800 mcg	200 %
Vitamin B12 (as cobalamin)	200 mcg	3333 %
Biotin (as D-biotin)	300 mcg	100 %
Pantothenic Acid (as D-Ca panthenate)	80 mg	800 %
Calcium (as calcium carbonate, glycinate, citrate)	400 mg	40 %
Iron (as iron bisglycinate)	18 mg	100 %
Iodine (as potassium iodide)	150 mcg	100 %
Magnesium (as magnesium oxide, glycinate, citrate)	400 mg	100 %
Zinc (as zinc glycinate, histidine)	30 mg	200 %
Selenium (as L-selenomethionine)	200 mcg	286 %
Copper (as copper glycinate)	1.5 mg	75 %
Manganese (as manganese glycinate)	2 mg	100 %
Chromium (as chromium nicotinoglycinate)	200 mcg	167 %
Molybdenum (as molybdenum glycinate)	50 mcg	67 %
Sodium***	25 mg	1 %
Potassium (as potassium glycinate complex)	99 mg	3 %
Citrus Bioflavonoids	100 mg	**
Choline (as choline bitartrate)	100 mg	**
Inositol	100 mg	**
Pantethine	7 mg	**
Coccarboxylase	6 mg	**
Pyridoxal-5-Phosphate	6 mg	**

Riboflavin-5-Phosphate	6 mg	**
Boron (as boron glycinate complex)	500 mcg	**
Dong Quai Extract (4:1) (root) (<i>Angelica sinensis</i>)	25 mg	**
Uva Ursi Extract (4:1) (leaf) (<i>Arcostaphylos uva ursi</i>)	25 mg	**
Chaste Extract (4:1) (berry) (<i>Vitex agnus-castus</i>)	25 mg	**
Standardized American Ginseng Extract (root) (<i>Panax quinquefolium</i>) (ginsenosides 3 mg [10 %])	25 mg	**
Milk Thistle Extract (4:1) (seed) (<i>Silybum marianum</i>)	25 mg	**
Black Cohosh Extract (4:1) (root) (<i>Cimicifuga racemosa</i>)	25 mg	**
Standardized Soy Isoflavone Extract (seed)	25 mg	**
Carotenoid Mix (alpha-carotene, lutein, zeaxanthin, cryptoxanthin)	172 mcg	**
<p>* Percent Daily Value (DV) are based on a 2,000 calorie diet. ** Daily Value (DV) not established. *** Naturally occurring; therefore amount may vary.</p>		