

| Supplement Facts | | |
|---|---------------------------|--|
| Serving Size: 4 Tablets | | |
| | Amount Per Serving | % DV for Pregnant & Lactating Women |
| Calories | 10 | |
| Total Carbohydrate | 2 g | <1%* |
| Dietary Fiber | 1 g | 4%* |
| Vitamin A (as natural beta-carotene) | 5,000 IU | 63% |
| Vitamin C (as L-ascorbic acid) | 100 mg | 167% |
| Vitamin D (as ergocalciferol) | 400 IU | 100% |
| Vitamin E (as D-alpha-tocopheryl succinate) | 30 IU | 100% |
| Thiamin (as thiamin mononitrate) | 1.7 mg | 100% |
| Riboflavin | 2 mg | 100% |
| Niacin (as niacinamide) | 20 mg | 100% |
| Vitamin B6 (as pyridoxine HCl) | 2.5 mg | 100% |
| Folic Acid | 800 mcg | 100% |
| Vitamin B12 (as cobalamin) | 8 mcg | 100% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid (as D-Ca pantothenate) | 10 mg | 100% |
| Calcium (as calcium carbonate, calcium citrate) | 1,300 mg | 100% |
| Iron (as iron bisglycinate) | 27 mg | 150% |
| Iodine (as potassium iodide) | 150 mcg | 100% |
| Magnesium (as magnesium oxide, magnesium citrate) | 450 mg | 100% |
| Zinc (as zinc oxide, zinc chelate) | 15 mg | 100% |
| Selenium (as L-selenomethionine) | 25 mcg | ** |
| Copper (as copper gluconate, copper chelate) | 2 mg | 100% |
| Manganese (as manganese chelate, manganese gluconate) | 2 mg | ** |
| Chromium (as chromium picolinate [yeast free]) | 25 mcg | ** |
| Sodium | 20 mg | ** |
| Potassium (as potassium gluconate, potassium amino acid complex) | 50 mg | ** |
| Inositol | 10 mg | ** |
| Choline (as choline bitartrate) | 4 mg | ** |
| Carotenoid Mix (alpha-carotene, lutein, zeaxanthin, cryptoxanthin) | 57 mcg | ** |
| Soy Protein Isolate/Amino Acid Blend (L-Glutamic Acid, L-Aspartic Acid, L-Leucine, L-Arginine, L-Lysine, L-Phenylalanine, L-Serine, L-Proline, L-Valine, L-Isoleucine, L- Alanine, Glycine, L-Threonine, L-Tyrosine, L-Histidine, L-Cysteine, L-Methionine) | 160 mg | ** |
| * Percent Daily Values (DV) are based on a 2,000 calorie diet. ** Daily Value (DV) not established. | | |

