

Supplement Facts		
Serving Size: 2 Tablets		
	Amount Per Serving	%DV
Vitamin A (as natural beta-carotene)	15,000 IU	300%
Vitamin C (from Ester C as calcium, magnesium, zinc ascorbates)	300 mg	500%
Vitamin D (as ergocalciferol)	200 IU	50%
Vitamin E (as D-alpha-tocopherol succinate)	300 IU	1000%
Vitamin K (as phytonadione)	20 mcg	25%
Thiamin (as thiamin mononitrate)	30 mg	2000%
Riboflavin	35 mg	2059%
Niacin (as niacinamide, niacin)	60 mg	300%
Vitamin B6 (pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cobalamin)	100 mcg	1667%
Biotin (as D-biotin)	100 mcg	33%
Pantothenic Acid (as D-Ca pantothenate)	80 mg	800%
Calcium (as glycinate amino acid chelate†)	25 mg	3%
Iron (as iron bisglycinate)	9 mg	50%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as glycinate amino acid chelate)	25 mg	6%
Zinc (as glycinate amino acid chelate)	15 mg	100%
Selenium (as L-selenomethionine)	70 mcg	100%
Copper (as glycinate amino acid chelate)	1.5 mg	75%
Manganese (as glycinate amino acid chelate)	2 mg	100%
Chromium (as chromium picolinate)	100 mcg	83%
Molybdenum (as glycinate amino acid chelate)	50 mcg	67%
Sodium	10 mg	<1%
Potassium (as potassium glycinate amino acid complex)	10 mg	0.3%
Choline (as choline bitartrate)	75 mg	*
Inositol (as myo-inositol)	75 mg	*
Standardized Soy Isoflavone Extract (seed)	50 mg	*
Standardized Turmeric Extract (curcuminoids 47.5 mg [95%])	50 mg	*
Broccoli Cruciferous Extract	50 mg	*
Phosphatidylserine Complex (phosphatidylserine 10 mg [20%])	50 mg	*
N-Acetyl-L-Cysteine	50 mg	*
Citrus Bioflavonoids	50 mg	*
D-Limonene (from citrus)	25 mg	*
Quercetin	10 mg	*

Proanthocyanidins (from pine bark and grape seed extracts)	10 mg	*
Polyphenols (from red wine and green tea [leaf] extracts)	10 mg	*
Alpha-Lipoic Acid	10 mg	*
Coenzyme Q-10	10 mg	*
Co-Carboxylase	1 mg	*
Pyridoxal-5-Phosphate	1 mg	*
Riboflavin-5-Phosphate	1 mg	*
Carotenoid Mix (alpha-carotene, lutein, zeaxanthin, cryptoxanthin)	172 mcg	*
Nickel (as nickel sulfate)	5 mcg	*
Vanadium (as vanadyl sulfate)	5 mcg	*
Boron (as boron amino acid complex)	0.5 mg	*
*Daily Value (DV) not established.		