

<b>Supplement Facts</b>		
<b>Serving Size:</b> 2 Capsules		
<b>Servings Per Container:</b> 60		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Vitamin A (as natural beta-carotene)	7,500 IU	150%
Vitamin C (as niacinamide ascorbate, L-ascorbic acid)	250 mg	417%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as D-alpha tocopheryl succinate)	150 IU	500%
Thiamin (as thiamin mononitrate)	75 mg	5000%
Riboflavin	75 mg	4412%
Niacin (as niacinamide ascorbate)	75 mg	375%
Vitamin B6 (as pyridoxine HCl)	75 mg	3750%
Folic Acid	400 mcg	100%
Vitamin B12 (as cobalamin)	75 mcg	1250%
Biotin	75 mcg	25%
Pantothenic Acid (as D-Ca pantothenate)	75 mg	750%
Calcium (as calcium carbonate, glycinate amino acid chelate)	20 mg	2%
Iron (as iron bisglycinate)	1.3 mg	7%
Iodine (from kelp)	150 mcg	100%
Magnesium (as glycinate amino acid chelate†, magnesium oxide)	10 mg	3%
Zinc (as glycinate amino acid chelate, zinc oxide)	10 mg	67%
Selenium (as L-selenomethionine)	25 mcg	36%
Copper (as glycinate amino acid chelate, copper oxide)	1 mg	50%
Manganese (as glycinate amino acid chelate)	1 mg	50%
Chromium (as niacin amino acid chelate)	25 mcg	21%
Molybdenum (as glycinate amino acid chelate)	25 mcg	33%
Potassium (as potassium amino acid complex)	1.8 mg	<1%
Inositol	75 mg	**
Choline (as choline bitartrate)	31 mg	**
Rutin	25 mg	**
Citrus Bioflavonoids	25 mg	**
Hesperidin	5 mg	**
Betaine HCl	25 mg	**
Boron (as boron amino acid complex)	0.5 mg	**
Carotenoid Mix (alpha-carotene, lutein, zeaxanthin, cryptoxanthin)	86 mcg	**
Natural Powdered Blend (Alfalfa [whole plant], Acerola [berry], Kelp [whole-plant], Parsley [aerial], Rose Hips [fruit] and Watercress [whole-plant])	4 mg	**
* Percent Daily Value (DV) are based on a 2,000 calorie diet. ** Daily Value (DV) not established.		