

INGREDIENTS

Serving Size: 3 Softgels

	Amt Per Serving	Units	%Daily Value
Calories	25		
Calories from Fat	25		
Total Fat	3	g	3%*
Vitamin A (as beta carotene)	25000	IU	500 %
Vitamin C (as ascorbic acid)	200	mg	333 %
Vitamin D (as ergocalciferol)	400	IU	100 %
Vitamin E (as dalpha tocopheryl acetate)	200	IU	667 %
Thiamin (vitamin B1) (as thiamine HCl)	50	mg	3,333 %
Riboflavin (vitamin B2)	50	mg	2,941 %
Niacin (as niacinamide)	50	mg	250 %
Vitamin B6 (as pyridoxine HCl)	50	mg	2,500 %
Folate (as folic acid)	400	mcg	100 %
Vitamin B12 (as cyanocobalamin)	100	mcg	1,667 %
Biotin	300	mcg	100 %
Pantothenic Acid (as calcium pantothenate)	100	mg	1,000 %
Calcium (as amino acid chelate/complex)	100	mg	10 %
Iron (as amino acid chelate/complex)	4.5	mg	25 %
Iodine (from kelp)	150	mcg	100 %
Magnesium (as amino acid chelate/complex)	50	mg	13 %
Zinc (as amino acid chelate/complex)	15	mg	100 %
Selenium (as amino acid complex)	20	mcg	29 %
Copper (as glycinate)	1	mg	50 %
Manganese (as amino acid chelate/complex)	5	mg	250 %
Chromium (as polynicotinate)	50	mcg	42 %
Molybdenum (as amino acid complex)	20	mcg	27 %
Potassium (as glycerophosphate)	25	mg	< 1 %
Milk Thistle Seed (Silybum marianum)	75	mg	**
Parsley Leaf (Petroselinum crispum)	75	mg	**
Juniper Berry (Juniperus communis)	50	mg	**
Celery Seed 4x (Apium graveolens)	50	mg	**
Cayenne Fruit (Capsicum frutescens)	50	mg	**
Echinacea Root (Echinacea purpurea)	50	mg	**
Bioflavonoids (from Citrus limon exocarp)	50	mg	**
Choline (as bitartrate)	50	mg	**
Inositol	50	mg	**

Korean Ginseng Root (<i>Panax ginseng</i>) (standardized 5% [2.5 mg] ginsenosides)	50	mg	**
Glucosamine Sulfate (aminomonosaccharide)	30	mg	**
Chinese Green Tea Leaf Extract (<i>Camellia sinensis</i>) (standardized 40% [10 mg] polyphenols)	25	mg	**
Borage Seed Oil (<i>Borago officinalis</i>) (standardized 25% [6.3 mg] gamma linolenic acid)	25	mg	**
Ginkgo Biloba Leaf (standardized 24% [2.4 mg] ginkgo flavoneglycosides, 6% [0.6 mg] terpene lactones)	10	mg	**
Bilberry Fruit (<i>Vaccinium myrtillus</i>) (standardized 25% [1.3 mg] anthocyanosides)	5	mg	**
Wild Grape Seed Extract (<i>Mahonia aquifolia</i>) (standardized 95100% [4.85 mg] leucoanthocyanins)	5	mg	**
Oleoresin Turmeric Rhizome (<i>Curcuma longa</i>) (standardized 9095% [4.54.8 mg] curcumin)	5	mg	**
Vanadium (as vanadyl sulfate)	1	mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients

Safflower oil, soy lecithin, gelatin, glycerin, purified water.

All minerals are whole brown rice amino acid chelates.