

Serving Size: 2 Chewable Tablets		
Servings Per Container: 30		
	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	3 g	1%
Xylitol	3 g	*
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	500 IU	125%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin K2	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCl)	1.9 mg	125%
Riboflavin (vitamin B2)	2.1 mg	125%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	7.5 mcg	125%
Biotin	63 mcg	21%
Pantothenic Acid (as calcium pantothenate)	12.5 mcg	125%
Calcium (as di-calcium phosphate; aminoate complex)	50 mg	5%
Iron (as fumarate; aminoate complex)	4.5 mg	25%
Magnesium (from chia; aminoate complex)	10 mg	3%
Zinc (as zinc/magnesium/aspartic acid complex; aminoate complex)	15 mg	100%
Selenium (as aminoate complex)	35 mcg	50%
Copper (as aminoate complex)	1 mg	50%
Manganese (as gluconate)	1 mg	50%
Chromium (as aminoate complex)	60 mcg	50%
Molybdenum (as sodium molybdate)	37.5 mcg	50%
Potassium (as citrate; aminoate complex)	1.4 mg	< 1%
Essential Amino Acid Rich Complex (from chia, spirulina, chlorella and whole brown rice)	100 mg	*
Cysteine	0.6 mg	*
Arginine	3.0 mg	*
Histidine	0.8 mg	*
Isoleucine	1.1 mg	*
Leucine	2.0 mg	*
Lysine	1.4 mg	*
Methionine	0.9 mg	*
Phenylalanine	1.5 mg	*
Threonine	1.0 mg	*
Tryptophan	0.4 mg	*
Tyrosine	0.9 mg	*
Valine	1.5 mg	*

Lemon Bioflavonoid Complex (from Citrus limon fruit)	40 mg	*
BlemiShield Complex – Cranberry (Vaccinium macrocarpon), S. salivarius M18, S. salivarius K12 (1 billion viable cells at time of manufacture)	35 mg	*
*Daily Value Not Established.		
†Percent Daily Values are based on a 2,000 calorie diet. Your diet values may be higher or lower depending on your calorie needs.		

Ingredients: Natural flavors, citric acid, guar gum, natural color, stevia, rose hips (Rosa canina fruit), whole brown rice, papaya fruit, carrot, mango fruit, spinach, broccoli and West Indian cherry (Malpighia glabra fruit). Mineral aminoates are whole brown rice chelates.