

Serving Size: 2 Chewable Tablets Servings Per Container: 30		
SOLVINGO LOS COMUNIOS CO	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	3 g	1%
Xylitol	3 g	*
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	500 IU	125%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin K2	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCI)	1.9 mg	125%
Riboflavin (vitamin B2)	2.1 mg	125%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCI)	2.5 mg	125%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	7.5 mcg	125%
Biotin	63 mcg	21%
Pantothenic Acid (as calcium pantothenate)	12.5 mcg	125%
Calcium (as di-calcium phosphate; aminoate complex)	100 mg	10%
Iron (as fumarate; aminoate complex)	9 mg	50%
Magnesium (from chia; aminoate complex)	10 mg	3%
Zinc (as zinc/magnesium/aspartic acid complex; aminoate complex)	15 mg	100%
Selenium (as aminoate complex)	35 mcg	50%
Copper (as aminoate complex)	1 mg	50%
Manganese (as gluconate)	1 mg	50%
Chromium (as aminoate complex)	60 mcg	50%
Molybdenum (as sodium molybdate)	37.5 mcg	50%
Potassium (as citrate; aminoate complex)	1.4 mg	< 1%
Feminine Complex with BlemiShield – Cranberry (Vaccinium macrocarpon), Fenugreek (Trigonella foenumgraecum seed extract) (standardized galactomannan), Yam (Dioscorea spp. tuber), S. salivarius M18, S. salivarius K12 (1 billion viable cells at time of manufacture)	110 mg	*
Lemon Bioflavonoid Complex (from Citrus limon fruit)	40 mg	*
*Daily Value Not Established. †Percent Daily Values are based on a 2,000 calorie diet. Your diet values m depending on your calorie needs.	ay be higher or lower	-

Ingredients: Natural flavors, citric acid, guar gum, natural color, stevia, rose hips (Rosa canina fruit), whole brown rice, papaya fruit, carrot, mango fruit, spinach, broccoli and West Indian cherry (Malpighia glabra fruit). Mineral aminoates are whole brown rice chelates.