

Supplement Facts		
Serving Size: 1 Scoop (34 g)		
	Amount Per Serving	% Daily Value*
Calories	120	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	70 mg	3%
Potassium	55 mg	1%
Total Carbohydrate	16 g	5%
Dietary Fiber	1 g	4%
Sugars	10 g	
Protein	12 g	24%
Vitamin A	15,000 IU	300%
Vitamin C	1000 mg	1670%
Calcium	60 mg	6%
Iron	0 mg	0%
Vitamin D	1000 IU	250%
Vitamin E	225 IU	750%
Vitamin K	100 mcg	125%
Thiamin	26.1 mg	1740%
Riboflavin	26 mg	1530%
Niacin	40 mg	200%
Vitamin B6	26.1 mg	1310%
Folate	425 mcg	110%
Vitamin B12	1000 mcg	16,670%
Biotin	300 mcg	100%
Pantothenic Acid	63 mg	630%
Iodine	164 mcg	110%
Magnesium	100 mg	25%

Zinc	15 mg	100%
Selenium	26 mcg	35%
Copper	4.5 mg	225%
Manganese	4 mg	200%
Chromium	50 mcg	40%
*Percent Daily Values are based on a 2,000 calorie diet.		
Each Serving also contains:		
Amino Acids (from chia, sprouted brown rice, pea, flax, spirulina, Whole Food PhytoAlgae, and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)	12,000 mg	
Whole Food Fiber and Prebiotic Complex (from whole foods, chia, FOS, soluble vegetable oligosaccharides, apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran, flax)	800 mg	
Multi Color Whole Food Blend†: ‡‡ Organic Gold Standard Whole Food Complex - Guava (Psidium guajava), holy basil (Ocimum tenuiflorum), lemon, amla (emblica officinalis) fruit (standardized. naturally occurring B complex and vitamin C)	725 mg	
Energizing and Cleansing Green Whole Food Blend - Chia bran, cooked whole brown rice, spirulina, FOS, bee pollen, camu-camu, alfalfa sprout, barley grass juice, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, Echinacea purpurea thyme, ligustrum berry, rice bran	(300 mg)	
Strength and Endurance White Whole Food Blend - White nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, white chia, cauliflower, ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin.	(120 mg)	
Defense and Repair Yellow Whole Food Blend - Carrot, mango, grapefruit, yellow apple, pear, honeydew melon, pineapple, yellow squash, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, yellow pepper, marigold flower	(115 mg)	
Brain Support Blue Whole Food Blend - Black raspberry, black currant extract, lowbush blueberry, blackberry, elderberry, lingonberry extract, scholar tree bud extract, plum, black cherry extract, purple fig, passion fruit, purple kale,	(55 mg)	

rhubarb, purple grape, beet, radicchio, pomegranate extract, purple onion, wolfberry (goji), acai, grape seed extract	
Anti-Aging Red Whole Food Blend - Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, red grape, red wine (alcohol free), bilberry, highbush blueberry, schisandra, fenugreek, watermelon	(65 mg)
Whole Food PhytoAlgae & Organic Mushroom Blend Proprietary complex of spirulina (<i>Spirulina platensis</i>), Phenalgin (<i>Cystoseira canariensis</i>) (std. Polyphenols calc. as phlorotannins), chlorella (<i>Chlorella vulgaris</i>) (broken cell), cryptomonadales, red kelp (<i>Palmaria palmata</i>), brown kelp (<i>Laminaria digitata</i>), ulva (<i>Ulva rigida</i> & <i>Ulva fasciata</i>), red seaweed (<i>Lithothamnium calcarium</i>), dulce (<i>Rhodomenia palmata</i>), rockweed (<i>Ascophyllum nodosum</i>); Mushrooms: wood ear (<i>Auricularia auricula</i>), cordyceps, maitake (<i>Grifola frondosa</i>), shiitake, oyster mushroom (<i>Pleurotus ostreatus</i>), white wood ear (<i>Tremella fuciformis</i>)	200 mg
Whole Food Omega Fatty Acid Blend - Supplying 85 mg of Omega-3, Omega-9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant, borage and flax)	200 mg
Enzyme Blend: Bromelain (from pineapple fruit) (200 gelatin digesting units), amylase‡, lipase‡, papain (from papaya fruit), betaine HCl (from beet molasses), lactase‡, protease‡, cellulase‡, Activessence (cellulase, pectinase, hemicellulase and xylanase) ‡ from brown rice fermentation	100 mg
Bioflavonoid Whole Food Blend - Flavonoids, quercetin, rutin (from Citrus limon exocarp, Sophora japonica leaf)	60 mg
Inositol	50 mg
PABA (para-aminobenzoic acid)	15 mg
Choline (as bitartrate)	13 mg
Coenzyme Q10 (pharmaceutical grade)	10 mg
Chlorophyll (from whole foods, chlorophyllin)	7.5 mg
RNA (ribonucleic acid) (from spirulina)	6 mg
Carotenoids (from whole foods)	4 mg
Lutein (active carotenoid from marigold flower extract)	3 mg
Lycopene (active carotenoid from tomato)	2.5 mg
Trans-Resveratrol Complex (from standardized concentrate extracts of <i>Polygonum cuspidatum</i> root, grape seed [<i>Vitis vinifera</i>], red wine concentrate [alcohol free] [<i>V. vinifera</i> fruit])	2.5 mg

Full Spectrum Probiotic Blend (28 million viable cells at time of manufacture) - supplying Lactobacillus acidophilus, FOS (fructooligosaccharides), L. plantarum, L. casei, L. bulgaricus, L. brevis, L. rhamnosus, L. lactis, Bifidobacterium lactis, B. bifidum, L. sporogenes (B. coagulans), S. salivarius K12, S. salivarius M18	2 mg
DNA (deoxyribonucleic acid) (from spirulina)	2 mg
Boron (as citrate)	1 mg
Octacosanol	200 mcg
† For details, visit www.natuesplus.com . ‡‡ See Multi Color Whole Food Blend	

Other Ingredients

Gold Standard Non-GMO Protein Blend (chia protein, sprouted brown rice protein, pea protein, flax protein), Citrisweet Whole Food Blend (oligofrutose, pea protein isolate, natural flavors, stevia, luohan guo [Momordica grosvenorii fruit extract], agave nectar, natural flavors, freeze dried raspberry powder, chlorophyll (from spirulina and copper chlorophyllin), **Vitamin and Mineral Blend** (vitamin C [ascorbic acid; esterified C (ascorbyl palmitate), Organic Gold Standard ‡‡], d-alpha tocopheryl acetate, calcium [citrate/aminoate], magnesium [citrate/aminoate complex], potassium citrate, pantothenic acid [calcium pantothenate; Organic Gold Standard ‡‡], zinc [gluconate/aminoate complex], niacin [niacinamide; Organic Gold Standard ‡‡] vitamin A [palmitate; from spirulina and Dunaliella salina: beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein], manganese [gluconate/aminoate], vitamin B6 [pyridoxine hydrochloride; Organic Gold Standard ‡‡], vitamin B1 [thiamine mononitrate; Organic Gold Standard ‡‡], vitamin B-2 [riboflavin; Organic Gold Standard ‡‡], selenium aminoate, vitamin D3 [cholecalciferol], vitamin K2 [menaquinone-4, menaquinone-7], copper [from whole foods, chlorophyllin], vitamin B12 [cyanocobalamin], folate [folic acid; Organic Gold Standard ‡‡], potassium iodide, chromium picolinate, biotin), xanthan gum, Bioflavonoid Whole Food Blend, Korean ginseng, Whole Food Fiber and Prebiotic Complex, inositol, choline bitartrate, lycopene, Enzyme Blend, lutein, PABA, **Multi Color Whole Food Blend** (over 100 whole foods, including **Organic Gold Standard Whole Food Complex**), Coenzyme Q10 (ubiquinone), Trans-Resveratrol Complex, Trace Mineral Complex, Whole Food Omega Fatty Acid Blend, Whole Food PhytoAlgae & Organic Mushroom Blend, Anti-Aging Blend (alpha-lipoic acid, R-Lipoic acid, MSM [methylsulfonylmethane], glutathione, NAC [N-acetyl cysteine], turmeric [std. curcumin], grape [Vitis vinifera] seed extract [std. proanthocyanidins]), Full Spectrum Probiotic Blend, boron citrate, octacosanol...and LOVE♥