

Supplement Facts

Serving Size: 2 Gummies

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%
Sugars	5 g	*
Sodium	10 mg	<1%
Vitamin A (as palmitate)	2500 IU	50%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as ergocalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Thiamin (vitamin B-1) (as thiamine HCl)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	2 mg	20%
Calcium (as citrate)	10 mg	1%
Iron (as ascorbate)	1 mg	6%
Iodine (from kelp)	100 mcg	67%
Magnesium (as citrate)	10 mg	3%
Zinc (as citrate)	3 mg	20%
Copper (as citrate)	0.05 mg	3%
Manganese (as citrate complex)	0.05 mg	3%
Potassium (as ascorbate complex)	1 mg	<1%
PABA (para-aminobenzoic acid)	400 mcg	*
Choline (as bitartrate)	5 mcg	*
Inositol	5 mcg	*

*Daily value not established.

Other Ingredients: Glucose syrup, organic evaporated cane juice, gelatin, citric acid, lactic acid, natural flavors, natural colors, fractionated coconut oil, beeswax, pineapple fruit, apple fruit, sunflower oil, lemon bioflavonoids, spirulina (naturally rich in essential nutrients), rose hips (*Rosa canina* fruit), whole brown rice, broccoli, spinach, mango fruit, carrot, West Indian cherry (*Malpighia glabra* fruit) and papaya fruit.