

INGREDIENTS

Supplement Facts			
Serving Size: 1 Scoop (28 g)			
	Amount Per Serving	Ultra Hair Thick-Shake	w/1 Cup Skim Milk
Calories		120	200
Calories from Fat		30	30
		%Daily Value**	
Total Fat	3 g*	5%	5%
Saturated Fat	1 g	5%	5%
Trans Fat	0.5 g		
Cholesterol	0 mg	0%	2%
Sodium	80 mg	3%	9%
Potassium	90 mg	3%	14%
Total Carbohydrate	15 g	5%	9%
Dietary Fiber	0 g	0%	0%
Sugars	8 g		
Other Carbohydrate	7 g		
Protein	7 g	14%	30%
Vitamin A	5000 IU	100%	110%
Vitamin C	102 mg	170%	170%
Calcium	200 mg	20%	50%
Iron	18 mg	100%	100%
Vitamin D	200 IU	50%	70%
Vitamin E	100IU	330%	330%
Thiamin	10 mg	670%	680%
Riboflavin	12 mg	710%	730%
Niacin	40 mg	200%	200%
Vitamin B6	15 mg	750%	750%
Folic Acid	400 mcg	100%	100%
Vitamin B12	10 mcg	170%	190%
Biotin	2010 mcg	670%	670%

Pantothenic Acid	100 mg	1000%	1010%
Phosphorus	100 mg	10%	35%
Iodine	105 mcg	70%	70%
Magnesium	100 mg	25%	30%
Zinc	15 mcg	100%	110%
Selenium	100 mcg	140%	140%
Copper	2 mg	100%	100%
Manganese	5 mg	250%	250%
Chromium	50 mcg	40%	40%
*Amount in Ultra Hair Thick-Shake. A serving of Ultra Hair Thick-Shake plus skim milk provides 3 g fat, 5 mg cholesterol, 205 mg sodium, 496 mg potassium, 27 g carbohydrate (19 g sugar) and 15 g protein.			
**Percent Daily Values are based on a 2,000 calorie diet.			
Each serving of Ultra Hair Thick-Shake also contains:			
Nutrients:			
Choline (bitartrate)	250 mg		
Inositol	250 mg		
PABA (para-aminobenzoic acid)	75 mg		
Amino Acids:			
L-Methionine	80 mg		
L-Cysteine	72 mg		
L-Taurine (free form amino acid)	25 mg		
L-Glutathione	10 mg		
Essential Oils:			
Safflower Oil (supplying linoleic and oleic acids [naturally occurring essential fatty acids])	2000 mg		
MCT (caprylic acid source medium-chain triglyceride)	1000 mg		
Enzymes:			
Bromelain (pineapple) (60 gelatin digesting units)	100 mg		
Papain (papaya)	50 mg		
Lactobacillus acidophilus (supplying 100 million cells†)	25 mg		
Amylase (brown rice fermentation)	20 mg		
Lipase (brown rice fermentation)	20 mg		
Protease (brown rice fermentation)	20 mg		
†At time of manufacture			

Other Ingredients

Fructose, proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), safflower oil, lactalbumin, medium-chain triglycerides, natural vanilla flavor, choline, bitartrate, tri-calcium phosphate, maltodextrin, inositol, vitamin E acetate, biotin, magnesium oxide, guar gum, psyllium, microcrystalline cellulose, vitamin C, pantothenic acid, bromelain, para-aminobenzoic acid, papain, niacinamide, bee pollen, L-aurine, Lactobacillus acidophilus, protease, amylase, lipase, vitamin A palmitate, zinc oxide, manganese sulfate, pyridoxine HCl, copper gluconate, ferrous fumarate, riboflavin, thiamine HCl, L-glutathione, vitamin B-12, folic acid, vitamin D, sodium selenite, chromium chloride, potassium iodide...

Contains milk and soy.