

## INGREDIENTS

**Serving Size: 3 Tablets/ 6 mini tablets**

Ingredients	Amt Per Serving	Units	%Daily Value
Vitamin A (as beta carotene; from spirulina and Dunaliella salina: beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein)	15,000	IU	300
Vitamin C (as ascorbic acid; esterified C [ascorbyl palmitate])	1010	mg	1683
Vitamin D3 (as cholecalciferol)	1000	IU	250
Vitamin E (as dalpha tocopheryl succinate)	250	IU	833
Vitamin K2 (as menaquinone4 and menaquinone7)	100	mcg	125
Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard)	30	mg	2000
Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard)	30	mg	1764
Niacin (as niacinamide; naturally occurring from Organic Gold Standard)	125	mg	625
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard)	30	mg	1500
Folic Acid (as folic acid; naturally occurring from Organic Gold Standard)	425	mcg	106
Vitamin B12 (as cyanocobalamin)	1000	mcg	16,667
Biotin	300	mcg	100
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard)	125	mcg	1250
Calcium	250	mg	25
Iodine (from kelp, potassium iodide)	150	mcg	100
Magnesium (as aminoate complex)	125	mg	31
Zinc (as aminoate complex, picolinate)	15	mg	100
Selenium (as aminoate complex)	70	mcg	100
Copper (chlorophyllin; as aminoate complex)	4.5	mg	225
Manganese (as aminoate complex)	4	mg	200
Chromium (as aminoate complex)	120	mcg	100
Potassium (as aminoate complex; naturally occurring from spirulina)	60	mg	2
Whole Food PhytoAlgae & Organic Mushroom Blend: (Std. 15% [120 mg] phycocyanins, 0.1% [800 mcg zeaxanthin, 1% [8 mg] chlorophyll) Proprietary complex of spirulina, Phenalgin (std. polyphenols calc. as phlorotannins), chlorella (broken cell), cryptomonadales, red kelp, brown kelp, ulva, red seaweed (Irish moss), dulse,	800	mg	*

rockweed; Mushrooms: wood ear, cordyceps, maitake, shiitake, oyster mushroom, white wood ear

Multi Color Whole Food Blend: Organic Gold Standard Whole Food Complex (guava [*Psidium guajava*], holy basil [*Ocimum tenuiflorum*], lemon, amla [*Embllica officinalis*] fruit) (standardized naturally occurring B complex and vitamin C)

725 mg \*

Energizing and Cleansing Green Whole Food Blend: Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), bee pollen, camucamu, alfalfa sprout, barley grass juice, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, thyme, ligustrum berry, rice bran

300 mg \*

Strength and Endurance White Whole Food Blend: White nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, cauliflower, ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin

120 mg \*

Defense and Repair Yellow Whole Food Blend: Carrot, mango, grapefruit, yellow apple, pear, honeydew melon, pineapple, yellow squash, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, yellow pepper, marigold flower

115 mg \*

Brain Support Blue Whole Food Blend: Black currant extract, lowbush blueberry, blackberry, elder berry, lingonberry extract, scholar tree bud extract, plum, black cherry extract, purple fig, passion fruit, purple kale, rhubarb, purple grape, beet, radicchio, pomegranate extract, purple onion, wolfberry (goji), acai, grape seed extract

55 mg \*

AntiAging Red Whole Food Blend: Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, red grape, red wine (alcoholfree), black raspberry, bilberry, highbush blueberry, schisandra, fenugreek, watermelon

65 mg \*

Amino Acids: (from spirulina, Whole Food PhytoAlgae, chia and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)

510 mg \*

Whole Food Omega Fatty Acid Blend supplying 85 mg of Omega3, Omega9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant, borage and flax)

200 mg \*

Enzyme Blend: Bromelain (from pineapple fruit) (80 gelatin digesting units), amylase, lipase, papain (from papaya fruit), betaine HCl (from beet molasses, lactase, protease, cellulase, Activessence (cellulase, pectinase, hemicellulase and xylanase) (from brown rice fermentation)

100 mg \*

AntiAging Blend: Alphalipoic Acid, Rlipoic acid, MSM (methylsulfonylmethane), glutathione, NAC (Nacetyl cysteine), turmeric (std. curcumin), grape (Vitis vinifera) seed extract (std. proanthocyanidins)	50	mg	*
TransResveratrol (from standardized extracts of Polygonum cuspidatum root, grape seed [Vitis vinifera], red wine concentrate [alcoholfree] [Vitis vinifera fruit])	50	mg	*
Coenzyme Q10 (pharmaceutical grade)	50	mg	*
Inositol	50	mg	*
Bioflavonoids (from Citrus limon exocarp) (active flavonols, flavonones, flavones & naringen 13 mg)	30	mg	*
Whole Food Fiber Complex: Apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran, flax	30	mg	*
Choline (as bitartrate)	30	mg	*
Korean Ginseng Root (Panax ginseng)	25	mg	*
PABA (paraaminobenzoic acid)	25	mg	*
RNA (ribonucleic acid) (from spirulina)	24	mg	*
Quercetin (from Sophora japonica leaf)	10	mg	*
Trace Mineral Complex (soluble prehistoric plantbased minerals and rare earth elements)	10	mg	*
DNA (deoxyribonucleic acid) (from spirulina)	8	mg	*
Chlorophyll (from spirulina)	7.5	mg	*
Rutin (from Sophora japonica leaf)	5	mg	*
Hesperidin (from Citrus limon exocarp)	5	mg	*
Carotenoids (from whole foods)	4	mg	*
Lutein (active carotenoid from marigold flower extract)	3	mg	*
Eriocitrin (from Citrus limon exocarp)	3	mg	*
Lycopene (active carotenoid from tomato)	2.5	mg	*
Full Spectrum Probiotic Blend (28 million viable cells at time of manufacture) supplying Lactobacillus acidophilus, FOS (fructooligosaccharides), L. plantarum, L. casei, L. bulgaricus, L. brevis, L. rhamnosus, L. lactis, Bifidobacterium lactis, B. bifidum, L. sporogenes (B. coagulans), S. salivarius K12, S. salivarius M18	2	mg	*
Boron (as citrate)	1	mg	*
Octacosanol	200	mcg	*

\*Daily Value (DV) not established.

#### Other Ingredients

Microcrystalline cellulose, stearic acid, magnesium stearate, silica and pharmaceutical glaze.