

## Ingredients

**Serving Size:** 1 Scoop (34g)

	Amount Per Serving	% Daily Value*
<b>Calories</b>	100	**
<b>Protein</b>	10 g	20 %
<b>Carbohydrates</b>	18 g	6 %
<b>Sodium</b>	150 mg	6 %
<b>Fiber</b>	1 g	4 %
<b>Sugars</b>	12 g	**
Vitamin A	5000 IU	100 %
Vitamin C	60 mg	100 %
Calcium	400 mg	40 %
Iron	4.5 mg	25 %
Vitamin D	400 IU	100 %
Vitamin E	30 IU	100 %
Thiamin	1.5 mg	100 %
Riboflavin	1.7 mg	100 %
Niacin	20 mg	100 %
Vitamin B6	2 mg	100 %
Folic Acid	400 mcg	100 %
Vitamin B12	6 mcg	100 %
Biotin	300 mcg	100 %
Pantothenic Acid	10 mg	100 %
Phosphorus	300 mg	30 %
Iodine	150 mcg	100 %
Magnesium	80 mg	20 %
Zinc	15 mg	100 %
Selenium	21 mcg	30 %
Manganese	5 mg	250 %
Chromium	20 mcg	15 %
Molybdenum	20 mcg	25 %
Enzyme Complex	150 mg	**
Amylase	50 mg	**
Protease	50 mg	**

Lipase	50 mg	**
Marine Algae Duplex Asian <i>Ulva rigida</i> & <i>Ulva fasciata</i> (naturally rich in trace minerals and glucuronic acid)	100 mg	**
Modified Citrus Pectin	100 mg	**
Inositol	50 mg	**
Phosphatidylserine Complex Supplying Activated Phosphatides	50 mg	**
Phosphatidylserine (PS)	10 mg	**
Phosphatidylcholine (PC)	10 mg	**
Cephalin (phosphatidylethanolamine)	6 mg	**
Phosphoinositides	3 mg	**
English Hawthorne ( <i>Crataegus laevigata</i> berry) (standardized to 3.2% [1.6 mg] vitexin)	50 mg	**
Lactospore® (microencapsulated pure culture of <i>B. coagulans</i> ) (provides 150 million viable cells at time of manufacture)	25 mg	**
Choline (as bitartrate)	21 mg	**
Ginkgo Biloba Leaf (standardized 24% [2.4 mg] ginkgo flavone-glycosides and 6% [0.6 mg] terpene lactones)	10 mg	**
Lutein (active carotenoid from marigold flower extract)	3 mg	**
Boron (citrate)	150 mcg	**
Zeaxanthin (active carotenoid from marigold flower extract)	132 mcg	**

\* Based on a 2,000 calorie diet

\*\* Daily Values not established

**Other Ingredients:** Non-GMO isolated soy protein, fructose, calcium (phosphate), natural vanilla flavor, potassium citrate, magnesium oxide, modified citrus pectin, marine algae (*Ulva rigida*, *Ulva fasciata*), guar gum, psyllium, oat bran, microcrystalline cellulose, spirulina, vitamin C, vitamin E acetate, lipase, amylase, protease, hawthorne extract, Leci-PS, choline bitartrate, inositol, biotin, Lactospore, apple pectin, bee pollen, niacinamide, vitamin A palmitate, zinc oxide, manganese sulfate, ferrous fumarate, pantothenic acid, ginkgo biloba extract, lecithin, bioflavonoids, boron citrate, marigold extract, papaya fruit, bromelain (from pineapple fruit), chlorophyll, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, calciferol, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate.