

<b>Supplement Facts</b>		
<b>Serving Size: 1 Scoop (36 g)</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value*</b>
Calories	110	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	180 mg	8%
Potassium	200 mg	6%
Total Carbohydrate	13 g	4%
Dietary Fiber	2 g	8%
Sugar	9 g	
Other Carbohydrate	2 g	
Protein	13 g	26%
Vitamin A	5000 IU	100%
Calcium	600 mg	60%
Vitamin D	400 IU	100%
Thiamin	1.5 mg	100%
Niacin	20 mg	100%
Folic Acid	440 mcg	110%
Biotin	300 mcg	100%
Phosphorus	600 mg	60%
Magnesium	200 mg	50%
Selenium	35 mcg	50%
Chromium	72 mcg	60%
Vitamin C	60 mg	100%
Iron	9 mg	50%
Vitamin E	30 IU	100%
Riboflavin	1.7 mg	100%
Vitamin B6	2 mg	100%
Vitamin B12	6 mcg	100%
Pantothenic Acid	10 mg	100%

Iodine	225 mcg	150%
Zinc	23 mg	150%
Manganese	7.4 mg	370%
Molybdenum	30 mcg	40%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total fat	Less Than	65 g	80 g
Saturate fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total carbohydrate		300 g	375 g
Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Each serving of Fruitein also contains the following:**

<b>Nutrients:</b>	<b>Amount Per Serving</b>
Inositol	50 mg
Citrus Bioflavonoid Complex	25 mg
Choline (bitartrate)	21 mg
<b>Enzymes:</b>	
Bromelain (pineapple) (18 GDU)	30 mg
Papain (papaya) (60,000 units)	30 mg
Amylase (600 units) (brown rice fermentation)	20 mg
Lipase (50 units) (brown rice fermentation)	10 mg
Cellulase (50 units) (brown rice fermentation)	10 mg
<b>Exotic Red Fruit &amp; Whole Food Blend</b> Pomegranate (Punica granatum Fruit), Goji (Lycium barbarum Berry), Noni (Morinda citrifolia Fruit), Mangosteen (Garcinia mangostana Fruit), Acai (Cabbage Palm) (Euterpe oleracea Berry), Cranberry, (Vaccinium macrocarpon), Red Raspberry, Black Raspberry, Red Grape, Tomato, Strawberry, Black Currant, Ligustrum Berry, Bilberry, Blueberry (Vaccinium corymbosum), Elderberry (Sambucus nigra), Camu-Camu (Myrciaria dubia Fruit), Schisandra Fruit, Green Tea Leaf, Turmeric Root and Rhizome, Fenugreek Seed, Apple, Apricot, Orange, Peach, Plum, Pear, Guava, Pineapple, Watermelon, Activenessence (a patented enzyme activation system - Cellulase, Pectinase, Hemicellulase and Xylanase)	3000 mg

## Other Ingredients

Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, Exotic Red Fruit & Whole Food Blend, mango fruit, orange juice, stearic acid, di-calcium phosphate, oligofructose, natural flavors, xanthan gum, citric acid, magnesium oxide, potassium citrate, choline bitartrate, natural color, inositol, ascorbic acid, vitamin E acetate, papain GTF chromium, citrus bioflavonoid complex, biotin, amylase, zinc oxide, manganese sulfate, bromelain (from pineapple fruit), niacinamide, ferrous fumarate, vitamin A palmitate, lipase, calcium pantothenate, lecithin, carrot, astragalus, root, kelp, spirulina, rice bran, oat bran, young barley leaf, acerola cherry, Korean ginseng, apple pectin, papaya, Spanish bee pollen, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, ergocalciferol, vitamin B12, folic acid, potassium iodide, sodium molybdate, sodium selenite.