

Two tablets contain (average):			
Inositol hexanicotinate	250mg	Fenugreek seed powder (trigonella foenum - graecum)	
Pantethine (Co-Enzyme B5)	100mg		200mg
Chromium	200mg	Oat bran fibre	20mg
L-Taurine	100mg	Soy Isoflavone concentrate	200mg
Artichoke extract (3:1) (Cynara scolymus)	100mg	(providing beta -sisterols)	
(equivalent to 300mg of artichoke powder)		Fermented red rice yeast	400mg
Gugulipid extract (3:1) (Commiphora mukul)	200mg		
(equivalent to 600mg of gugulipid powder 5-10% guggulsterons)			

Other Ingredients: Bulking Agent (di-calcium phosphate, microcrystalline cellulose), Red Rice Yeast (hong qu), Inositol Hexaniacinate, Gugulipid Bark Extract (commiphora mukul), Fenugreek Seed Powder (trigonella foerum-graecum), Soy Isoflavone 40%, L-Taurine, Pantethine (co-enzyme B5), Artichoke Leaf & Herb Extract (cynara scolymus), Anti-caking Agent (veg. stearic acid, veg. magnesium stearate, magnesium silicate), Stabiliser (croscarmellose sodium), Oat Bran Fibre, Glazing Agent [polyvinylpyrrolidone (PVP)], Chromium (chromium chloride).